

LUNCH

**Menu
Updates for
Seasonality*

SMOOTHIES

COCO KALE

banana, coconut, kale,
mint, coconut milk

OMEGA MEGA

strawberry, banana, flax oil,
apple juice

RISE & SHINE

coconut water, banana,
mango, oats, blueberry,
cinnamon, almond butter

PEANUT BUTTER CUP

banana, peanut powder, raw
cacao, chocolate protein
powder, almond milk

COFFEE CRUNCH

cold brew coffee, banana,
almonds, flax meal, vanilla
protein powder, almond milk

ALMOND BERRY

strawberry, raspberry, kefir,
almond milk, almond butter,
flax meal, cinnamon

PB&J TWIST

banana, strawberry,
blueberry, kefir, almond
milk, peanut butter

GO MAN-GO

mango, strawberry, banana,
orange juice, apple juice

GO NUTS

banana, peanuts, almond milk,
protein powder

CACAO ENERGIZER

banana, raw cacao, maca,
flax oil, almond milk,
protein powder

ALOHA SUNRISE

mango, banana, ginger, agave,
coconut water, pineapple
juice

THE KNOCKOUT

coconut water, flax meal,
strawberry, peanut butter

MANGO BLISS

mango, banana, spinach,
apple juice, coconut water

POWER CRUNCH

banana, almond milk, protein
powder, hemp granola

SPIRULINA SURGE

blueberry, banana, apple
juice, spirulina

BANANA BERRY CRUNCH

banana, strawberry, kefir,
coconut milk, peanuts, hemp
granola

PROTEIN BOOSTER

banana, peanuts, spirulina,
flax oil, almond milk,
protein powder

BERRY BLAST

blueberry, strawberry,
raspberry, banana, almond milk,
protein powder

SALADS

BLACKENED CHICKEN CEASAR

romaine lettuce, croutons, parmesan
cheese, blackened chicken breast and
vegan caesar dressing

BLACKENED TOFU CEASAR

romaine, blackened tofu, vegan
parmesan "cheese", croutons and
vegan caesar dressing

GREEK

romaine, tomato, red onions,
roasted red peppers, kalamata
olives, red wine vinegar, olive oil,
feta, pepperoncini

WRAPS

BLACKENED CHICKEN

whole wheat tortilla, blue cheese,
romaine lettuce, tomato, roasted
red peppers and blackened spiced
chicken breast

FAKIN BACON BLT

whole wheat tortilla, romaine lettuce,
alfalfa sprouts, tomato, cucumbers,
sundried tomato spread and
soy bacon

MARKET FRESH VEGGIE

whole wheat tortilla, sundried tomato
spread, green leaf lettuce, kale, spinach,
red cabbage, red onions, red peppers,
carrots and carrots

BLACKENED TOFU

whole wheat tortilla, romaine lettuce,
alfalfa sprouts, blackened spiced tofu,
vegan caesar dressing

CURRY CHICKEN

whole wheat tortilla, tomato,
cucumbers and Green's Natural
curry chicken salad

CHICKEN SALAD

whole wheat tortilla, green leaf
lettuce, tomato, alfalfa sprouts and
Green's Natural chicken salad

LEMON BASIL CHICKEN

whole wheat tortilla wrap, Green's
Natural lemon basil chicken salad and
romaine lettuce

VEGAN CHICKEN SALAD

whole wheat tortilla, vegan chicken
salad, romaine lettuce, alfalfa sprouts
and tomato

EGG SALAD

Green's Natural egg salad on
ciabatta bread

LENTIL LOAF

whole wheat tortilla, romaine lettuce,
tomato, Green's Natural; lentil loaf
and sundried tomato spread

THE ROASTER

whole wheat tortilla, roasted turkey
breast, romaine lettuce, tomato, alfalfa
sprouts, swiss cheese and apple
cranberry relish

TUNA SALAD

whole wheat tortilla, romaine lettuce,
tomato, alfalfa sprout and Green's
Natural tuna salad



STORE HOURS: 8 AM - 8 PM | OPTIONS MAY VARY PER LOCATION & AVAILABILITY. PRICES SUBJECT TO CHANGE ON DELIVERY APPS.

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